

| Pl | N° dép. | Nom | Club | Temps |
|-----------------|---------|---------------------|-------------------------|-------|
| D10 (5) | | | 1.0 km 40 m 12 P | |
| 1 | 166 | Heidi PLAGNOL | 2605RA VSO | 10:06 |
| 2 | 238 | Louna CHATELON | 4203RA OE42 | 11:07 |
| 3 | 173 | Mélanie HUGUET | 2605RA VSO | 15:44 |
| 4 | 182 | Ambre DUFOUR | 2606RA LOUP | 16:51 |
| 5 | 251 | Tess BASSET | 6911RA ASUL SPORTS NAT | 33:04 |
| D12 (7) | | | 1.0 km 40 m 12 P | |
| 1 | 236 | Sarah GHIBAUDO | 4203RA OE42 | 7:58 |
| 2 | 93 | Lou-ann PARDOEN | 0705RA Raidlinks'07 | 10:20 |
| 3 | 231 | Justine PELLISSIER | 4201RA NOSE | 10:57 |
| 4 | 233 | Lise PELLISSIER | 4201RA NOSE | 15:16 |
| 5 | 83 | Lola COLLÉ | 0705RA Raidlinks'07 | 16:49 |
| 6 | 131 | Elisa DORIER | 2604RA CROCO | 21:05 |
| | 76 | ENOLA BARDINE | 0705RA Raidlinks'07 | pm |
| D14 (19) | | | 1.3 km 50 m 15 P | |
| 1 | 88 | Romane LESQUER | 0705RA Raidlinks'07 | 9:45 |
| 2 | 109 | MELLE CHIFFLET | 0705RA Raidlinks'07 | 11:12 |
| 3 | 198 | Lucie SAUREL | 2610RA L.O.V. | 11:29 |
| 4 | 82 | Lou COLLÉ | 0705RA Raidlinks'07 | 12:04 |
| 5 | 84 | Lucile DAMOUR | 0705RA Raidlinks'07 | 12:55 |
| 6 | 73 | Lina DEJOUX | 0705RA Raidlinks'07 | 13:18 |
| 7 | 164 | Mahaut PLAGNOL | 2605RA VSO | 13:39 |
| 8 | 119 | Aline CORBIN | 2604RA CROCO | 13:57 |
| 9 | 135 | Zélie BRUGE | 2604RA CROCO | 15:06 |
| 10 | 98 | Luann RANDON | 0705RA Raidlinks'07 | 15:27 |
| 11 | 50 | Camille BEGUINOT | 0111RA CO AMBERIEU | 16:46 |
| 12 | 194 | Louna MASLIAH | 2610RA L.O.V. | 17:19 |
| 13 | 215 | Lucie PERRIN | 4201RA NOSE | 17:24 |
| 14 | 106 | Louise DUROURE | 0705RA Raidlinks'07 | 18:06 |
| 15 | 250 | Zoé TCHERKACHINE | 6906RA ALCO | 18:23 |
| 16 | 63 | Aurélie MEUNIER | 0111RA CO AMBERIEU | 18:48 |
| 17 | 163 | Lucy MINO-VERCELLIO | 2605RA VSO | 19:44 |
| 18 | 114 | Cassandra MARTINET | 0705RA Raidlinks'07 | 21:44 |
| 19 | 205 | Margot MAUCHANT | 2610RA L.O.V. | 57:06 |
| D16 (12) | | | 1.3 km 50 m 15 P | |
| 1 | 124 | Marine DUDOIGNON | 2604RA CROCO | 9:20 |
| 2 | 271 | Cécile CALANDRY | 7404RA ASO | 9:25 |
| 3 | 121 | Mariane CORBIN | 2604RA CROCO | 10:52 |
| 4 | 190 | Nouchka ALLES | 2610RA L.O.V. | 12:43 |
| 5 | 99 | Emma RANDON | 0705RA Raidlinks'07 | 12:45 |
| 6 | 196 | Manon ARMAND | 2610RA L.O.V. | 12:55 |
| 7 | 91 | Zélie NEEL | 0705RA Raidlinks'07 | 13:05 |
| 8 | 195 | Laura PERRIN | 2610RA L.O.V. | 14:16 |
| 9 | 53 | Tifenn GREFF | 0111RA CO AMBERIEU | 14:52 |
| 10 | 110 | Elise DAMOUR | 0705RA Raidlinks'07 | 15:51 |
| 11 | 86 | Morgane GOUY | 0705RA Raidlinks'07 | 16:17 |
| 12 | 96 | Juliette PRAT | 0705RA Raidlinks'07 | 17:45 |

| Pl | N° dép. | Nom | Club | Temps |
|-----------------|---------|----------------------|-------------------------|-------|
| D18 (5) | | | 1.3 km 50 m 15 P | |
| 1 | 274 | Louise LE GLAND | 7404RA ASO | 9:01 |
| 2 | 245 | Lise BONORA | 6906RA ALCO | 10:19 |
| 3 | 120 | Emma CORBIN | 2604RA CROCO | 10:46 |
| 4 | 223 | Marine VORWERK | 4201RA NOSE | 10:59 |
| 5 | 111 | Elsa MARTIN | 0705RA Raidlinks'07 | 11:55 |
| D20 (3) | | | 2.0 km 60 m 19 P | |
| 1 | 152 | Chloé DUDOIGNON | 2605RA VSO | 14:11 |
| 2 | 130 | Adèle MOURIER | 2604RA CROCO | 18:05 |
| 3 | 289 | Amélie DEVIDAL | 10001PO Non licencié | 21:40 |
| D21 (5) | | | 2.0 km 60 m 19 P | |
| 1 | 269 | Charlotte BOUCHET | 7309RA COCS | 15:03 |
| 2 | 116 | Camille RAUTURIER | 7807IF GO78 | 15:51 |
| 3 | 141 | Mathilde CARRA | 2604RA CROCO | 18:20 |
| 4 | 129 | Rachel VERCASSON | 2604RA CROCO | 18:51 |
| 5 | 143 | Manon SALIQUE | 2604RA CROCO | 20:51 |
| D35 (7) | | | 2.0 km 60 m 19 P | |
| 1 | 179 | Adeline IMBERT | 2606RA LOUP | 15:37 |
| 2 | 237 | Lucile CHATELON | 4203RA OE42 | 16:06 |
| 3 | 85 | Nelly DEJOURS | 0705RA Raidlinks'07 | 16:45 |
| 4 | 287 | Céline MANCINA | 10001PO Non licencié | 17:19 |
| 5 | 155 | Fabienne PLAGNOL | 2605RA VSO | 18:39 |
| 6 | 243 | Emmanuelle LASOUCHE | 6906RA ALCO | 20:02 |
| 7 | 167 | Elisabeth HUGUET | 2605RA VSO | 21:24 |
| D40 (10) | | | 2.0 km 60 m 19 P | |
| 1 | 81 | Marlène CHIFFLET | 0705RA Raidlinks'07 | 14:56 |
| 2 | 192 | Julie FAIVRE | 2610RA L.O.V. | 17:56 |
| 3 | 67 | Christelle MEUNIER | 0111RA CO AMBERIEU | 23:04 |
| 4 | 142 | Cécile CORBIN | 2604RA CROCO | 30:03 |
| 5 | 148 | Alice SAUREL | 2604RA CROCO | 30:34 |
| 6 | 145 | Stéphanie DORIER | 2604RA CROCO | 31:37 |
| 7 | 183 | Veronique DUMARCHER | 2606RA LOUP | 31:50 |
| 8 | 74 | Isabelle DEJOUX | 0705RA Raidlinks'07 | 31:56 |
| 9 | 68 | Vanessa BEGUINOT | 0111RA CO AMBERIEU | 32:52 |
| 10 | 95 | Flore PARDOEN-GALLON | 0705RA Raidlinks'07 | 35:20 |
| D45 (5) | | | 2.0 km 60 m 19 P | |
| 1 | 224 | Odile PERRIN | 4201RA NOSE | 17:17 |
| 2 | 140 | Jocelyne DUDOIGNON | 2604RA CROCO | 20:11 |
| 3 | 276 | Emmanuelle LE GLAND | 7404RA ASO | 20:38 |
| 4 | 242 | Beatrice BONORA | 6906RA ALCO | 21:40 |
| 5 | 58 | Raphaele SILVERE | 0111RA CO AMBERIEU | 24:02 |
| D50 (1) | | | 2.0 km 60 m 19 P | |
| 1 | 278 | Lucia CALANDRY | 7404RA ASO | 19:32 |

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| D55 (3) | | | 2.0 km 60 m 19 P | |
| 1 | 229 | Marie Françoise ROUX | 4201RA NOSE | 20:06 |
| 2 | 71 | Elisabeth REYNAUD | 0703RA EVA 07 | 24:03 |
| | 272 | Christiane DELATOUR | 7404RA ASO | pm |
| D60 (2) | | | 2.0 km 60 m 19 P | |
| 1 | 227 | Martine VILLEDIEU | 4201RA NOSE | 23:36 |
| 2 | 174 | Helene PERMINGEAT | 2606RA LOUP | 28:56 |
| D65 (1) | | | 2.0 km 60 m 19 P | |
| 1 | 65 | Brigitte ANNE | 0111RA CO AMBERIEU | 23:59 |
| H10 (12) | | | 1.0 km 40 m 12 P | |
| 1 | 79 | Albin CHIFFLET | 0705RA Raidlinks'07 | 8:15 |
| 2 | 277 | Johan CALANDRY | 7404RA ASO | 10:06 |
| 3 | 280 | Simon CALANDRY | 7404RA ASO | 10:51 |
| 4 | 211 | Camille GRATALOUP-MANIS | 4201RA NOSE | 13:12 |
| 5 | 75 | Johan DEJOUX | 0705RA Raidlinks'07 | 14:59 |
| 6 | 178 | Célestin DUFOUR | 2606RA LOUP | 16:42 |
| 7 | 59 | Guillaume BEGUINOT | 0111RA CO AMBERIEU | 17:27 |
| 8 | 149 | Nathan SAUREL | 2604RA CROCO | 23:18 |
| 9 | 126 | Titouan GARON | 2604RA CROCO | 24:14 |
| 10 | 94 | Eliot PARDOEN | 0705RA Raidlinks'07 | 37:47 |
| 11 | 146 | Yohan DORIER | 2604RA CROCO | 1:09:40 |
| | 239 | Maé CHATELON | 4203RA OE42 | pm |
| H12 (12) | | | 1.0 km 40 m 12 P | |
| 1 | 89 | Antoine LESQUER | 0705RA Raidlinks'07 | 7:12 |
| 2 | 235 | Titouan CHATELON | 4203RA OE42 | 7:14 |
| 3 | 80 | GUILHEM CHIFFLET | 0705RA Raidlinks'07 | 7:19 |
| 4 | 60 | Marc BEGUINOT | 0111RA CO AMBERIEU | 7:44 |
| 5 | 218 | Arthur PERRIN | 4201RA NOSE | 8:06 |
| 6 | 255 | Hugo CODURI | 6911RA ASUL SPORTS NAT | 8:25 |
| 7 | 204 | Batistoun AUDOUIN | 2610RA L.O.V. | 10:11 |
| 8 | 161 | Roméo MINO-VERCELLIO | 2605RA VSO | 10:40 |
| 9 | 62 | Florian MEUNIER | 0111RA CO AMBERIEU | 11:48 |
| 10 | 180 | Virgile MIDENA | 2606RA LOUP | 14:00 |
| 11 | 202 | Nathan ARNAUD | 2610RA L.O.V. | 19:12 |
| | 181 | Gabriel DUMARCHER | 2606RA LOUP | pm |
| H14 (13) | | | 1.6 km 50 m 15 P | |
| 1 | 217 | Mael HERITIER | 4201RA NOSE | 10:20 |
| 2 | 225 | Simon PERRIN | 4201RA NOSE | 11:32 |
| 3 | 200 | Léon TO CUCHE | 2610RA L.O.V. | 12:25 |
| 4 | 107 | Mathis REBOUL | 0705RA Raidlinks'07 | 13:38 |
| 5 | 263 | Basile BASSET | 6911RA ASUL SPORTS NAT | 14:35 |
| 6 | 78 | Gaël CHANNAC | 0705RA Raidlinks'07 | 14:36 |
| 7 | 246 | Yoann BONORA | 6906RA ALCO | 14:49 |
| 8 | 156 | Guillaume DUMEZ | 2605RA VSO | 15:14 |
| 9 | 123 | Arthur DORIER | 2604RA CROCO | 18:14 |
| 10 | 160 | Romain FABREGUE | 2605RA VSO | 18:22 |
| 11 | 201 | Martin ROSSI | 2610RA L.O.V. | 18:34 |

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| H14 (13) | | | 1.6 km 50 m 15 P | <i>(suite)</i> |
| 12 | 265 | Elouan BONTRON | 6911RA ASUL SPORTS NAT | 18:51 |
| 13 | 117 | Cyril RAOUX | 0705RA Raidlinks'07 | 22:03 |
| H16 (22) | | | 1.6 km 50 m 15 P | |
| 1 | 206 | Mathis GENNARO | 3810RA ORIENTALP | 9:38 |
| 2 | 248 | Martin TRONCHON | 6906RA ALCO | 9:52 |
| 3 | 157 | Sami LASFAR | 2605RA VSO | 10:11 |
| 4 | 162 | Roman PLAGNOL | 2605RA VSO | 10:36 |
| 5 | 281 | Antoine BECAERT | 7404RA ASO | 10:39 |
| 6 | 197 | Victor GONET | 2610RA L.O.V. | 10:44 |
| 7 | 275 | Lenny VOLLET | 7404RA ASO | 10:50 |
| 8 | 172 | Dorian BENOIT | 2605RA VSO | 11:07 |
| 8 | 226 | Aurelien MEYER | 4201RA NOSE | 11:07 |
| 10 | 108 | Albin DEMARET-JOLY | 0705RA Raidlinks'07 | 11:23 |
| 11 | 127 | Victor MOURIER | 2604RA CROCO | 12:02 |
| 12 | 125 | Elliot GARON | 2604RA CROCO | 12:16 |
| 13 | 210 | Clement FLORI | 4201RA NOSE | 12:41 |
| 14 | 147 | Léo BORDAZ | 2604RA CROCO | 12:45 |
| 15 | 199 | Anael AUDOUIN | 2610RA L.O.V. | 12:54 |
| 16 | 249 | Shams TCHERKACHINE | 6906RA ALCO | 12:56 |
| 17 | 189 | Simon ARNAUD | 2610RA L.O.V. | 13:33 |
| 18 | 170 | Hugo VACHER | 2605RA VSO | 13:36 |
| 19 | 171 | Damien BONNARDEL | 2605RA VSO | 15:14 |
| 20 | 137 | Lucas FANTIN | 2604RA CROCO | 15:17 |
| 21 | 115 | Jael BEINING | 0705RA Raidlinks'07 | 16:10 |
| 22 | 128 | Guillaume BLECIC | 2604RA CROCO | 16:25 |
| H18 (14) | | | 1.6 km 50 m 15 P | |
| 1 | 209 | Maxime ROCHE | 3810RA ORIENTALP | 8:54 |
| 2 | 90 | Jolan NEEL | 0705RA Raidlinks'07 | 9:20 |
| 3 | 185 | Thomas BRUAS | 2610RA L.O.V. | 10:11 |
| 4 | 177 | Ismaël BLANC-COQUAND | 2606RA LOUP | 10:28 |
| 5 | 188 | Yann ALLES | 2610RA L.O.V. | 11:27 |
| 6 | 103 | Gabin DECHAUD | 0705RA Raidlinks'07 | 11:31 |
| 7 | 191 | Aurélien HENNO | 2610RA L.O.V. | 12:05 |
| 8 | 104 | Nicolas RAOUX | 0705RA Raidlinks'07 | 12:09 |
| 9 | 186 | Loïc PERRIN | 2610RA L.O.V. | 12:21 |
| 10 | 92 | Ruben NEEL | 0705RA Raidlinks'07 | 14:12 |
| 11 | 187 | Mael ARNAUD | 2610RA L.O.V. | 14:24 |
| 12 | 52 | Maël GREFF | 0111RA CO AMBERIEU | 14:43 |
| 13 | 69 | Sébastien MASCI | 0111RA CO AMBERIEU | 20:38 |
| 14 | 118 | Jules COLLARD | 2604RA CROCO | 25:52 |
| H20 (7) | | | 2.3 km 65 m 18 P | |
| 1 | 219 | Arnaud PERRIN | 4201RA NOSE | 11:25 |
| 2 | 241 | Martin MATHIS | 5407LO SO Luneville | 12:01 |
| 3 | 184 | Raphaël MASLIAH | 2610RA L.O.V. | 12:25 |
| 4 | 258 | Fabien BONNAVEIRA | 6911RA ASUL SPORTS NAT | 12:32 |
| 5 | 232 | Mathieu PERRIN | 4201RA NOSE | 13:00 |
| 6 | 252 | Julian EXPERT | 6911RA ASUL SPORTS NAT | 14:44 |
| 7 | 207 | Jonathan ROCHE | 3810RA ORIENTALP | 19:53 |

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| H21 (19) | | | 2.3 km 65 m 18 P | |
| 1 | 266 | Sven ASCHWANDEN | 6911RA ASUL SPORTS NAT | 11:08 |
| 2 | 270 | Mickael BLANCHARD | 7309RA COCS | 11:34 |
| 3 | 221 | Corentin ROUX | 4201RA NOSE | 12:48 |
| 4 | 253 | Mathieu KERN-GILLARD | 6911RA ASUL SPORTS NAT | 12:49 |
| 5 | 261 | Mathieu RINGOT | 6911RA ASUL SPORTS NAT | 12:57 |
| 6 | 220 | Rémi BAUDOT | 4201RA NOSE | 13:16 |
| 7 | 132 | Benoit DEROUX | 2604RA CROCO | 13:25 |
| 8 | 285 | Denis SEIMBILLE | 7720IF TOM MEAUX | 13:51 |
| 9 | 273 | Pierrick MERINO | 7404RA ASO | 13:57 |
| 10 | 175 | Baptiste BISSONNET | 2606RA LOUP | 14:51 |
| 11 | 264 | Nicolas VAN DER MEULEN | 6911RA ASUL SPORTS NAT | 15:00 |
| 12 | 257 | Thomas RABOURDIN | 6911RA ASUL SPORTS NAT | 15:09 |
| 13 | 268 | Gwendal POEDRAS | 7309RA COCS | 15:12 |
| 14 | 212 | Emmanuel LEPLAT | 4201RA NOSE | 15:18 |
| 15 | 159 | Francois PLAGNOL | 2605RA VSO | 15:39 |
| 16 | 136 | Gautier PELLOUX-PRAYER | 2604RA CROCO | 16:30 |
| 17 | 283 | Pierre BORDET | 7404RA ASO | 16:51 |
| 18 | 259 | Bruno BERNADE | 6911RA ASUL SPORTS NAT | 19:39 |
| 19 | 151 | Gwénaël FAURE | 2604RA CROCO | 20:21 |

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| H35 (5) | | | 2.3 km 65 m 18 P | |
| 1 | 222 | Andy JACOUD | 4201RA NOSE | 13:24 |
| 2 | 214 | Julien MERLE | 4201RA NOSE | 14:07 |
| 3 | 176 | Raphael DUFOUR | 2606RA LOUP | 15:35 |
| 4 | 234 | David CHATELON | 4203RA OE42 | 15:41 |
| | 284 | Xavier BREGNAC | 7404RA ASO | pm |

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| H40 (15) | | | 2.3 km 65 m 18 P | |
| 1 | 301 | Alexandre VERGNAUD | 1905LI BriveCorrèzeCO | 12:44 |
| 2 | 230 | Eric PERRIN | 4201RA NOSE | 13:00 |
| 3 | 105 | François CHIFFLET | 0705RA Raidlinks'07 | 14:20 |
| 4 | 240 | Nicolas GHIBAUDO | 4203RA OE42 | 14:24 |
| 5 | 193 | Eric MONNIER | 2610RA L.O.V. | 14:42 |
| 5 | 244 | Johann LASOUCHE | 6906RA ALCO | 14:42 |
| 7 | 61 | Alain BEGUINOT | 0111RA CO AMBERIEU | 16:00 |
| 8 | 158 | François HUGUET | 2605RA VSO | 16:08 |
| 9 | 288 | Pierre Henry DEMARET | 10001PO Non licencié | 16:26 |
| 10 | 64 | Frédéric MEUNIER | 0111RA CO AMBERIEU | 16:47 |
| 11 | 153 | Frédéric MINO-VERCELLIO | 2605RA VSO | 22:03 |
| 12 | 260 | Sébastien CODURI | 6911RA ASUL SPORTS NAT | 28:17 |
| 13 | 144 | Vincent DORIER | 2604RA CROCO | 36:58 |
| | 150 | Eric BORDAZ | 2604RA CROCO | pm |
| | 254 | Pierre-Marie SEDAT | 6911RA ASUL SPORTS NAT | pm |

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| H45 (9) | | | 2.3 km 65 m 18 P | |
| 1 | 51 | Alain BOULMIER | 0111RA CO AMBERIEU | 17:29 |
| 2 | 122 | Christophe CROCHU | 2604RA CROCO | 18:23 |
| 3 | 138 | Gil CORBIN | 2604RA CROCO | 18:45 |
| 4 | 133 | Fabien POINTEAU | 2604RA CROCO | 18:46 |
| 5 | 134 | Ludovic DUDOIGNON | 2604RA CROCO | 18:52 |
| 6 | 208 | Benoit GENNARO | 3810RA ORIENTALP | 19:07 |
| 7 | 256 | Christophe ROBICHON | 6911RA ASUL SPORTS NAT | 22:01 |
| 8 | 279 | Christophe LE GLAND | 7404RA ASO | 22:15 |
| 9 | 66 | Nicolas GREFF | 0111RA CO AMBERIEU | 23:11 |

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| H50 (5) | | | 2.3 km 65 m 18 P | |
| 1 | 282 | Serge GRILLET | 7404RA ASO | 14:42 |
| 2 | 228 | JACKY ROUX | 4201RA NOSE | 19:38 |
| 3 | 247 | Laurent BONORA | 6906RA ALCO | 19:46 |
| 4 | 72 | Laurent VERITE | 0703RA EVA 07 | 21:53 |
| | 262 | Régis BASSET | 6911RA ASUL SPORTS NAT | pm |
| H55 (3) | | | 2.3 km 65 m 18 P | |
| 1 | 87 | Gilles GUILLORY | 0705RA Raidlinks'07 | 22:02 |
| 2 | 70 | Bernard REYNAUD | 0703RA EVA 07 | 24:20 |
| 3 | 139 | Renaud GRANSART | 2604RA CROCO | 24:21 |
| H60 (1) | | | 2.3 km 65 m 18 P | |
| 1 | 213 | Yves MANISSOLLE | 4201RA NOSE | 18:15 |
| H65 (1) | | | 2.3 km 65 m 18 P | |
| 1 | 154 | Bernard MINO | 2605RA VSO | 30:44 |
| H70 (2) | | | 2.3 km 65 m 18 P | |
| 1 | 54 | Jean-Marc JAGLE | 0111RA CO AMBERIEU | 36:06 |
| | 57 | J-Paul LASSALLE | 0111RA CO AMBERIEU | pm |